

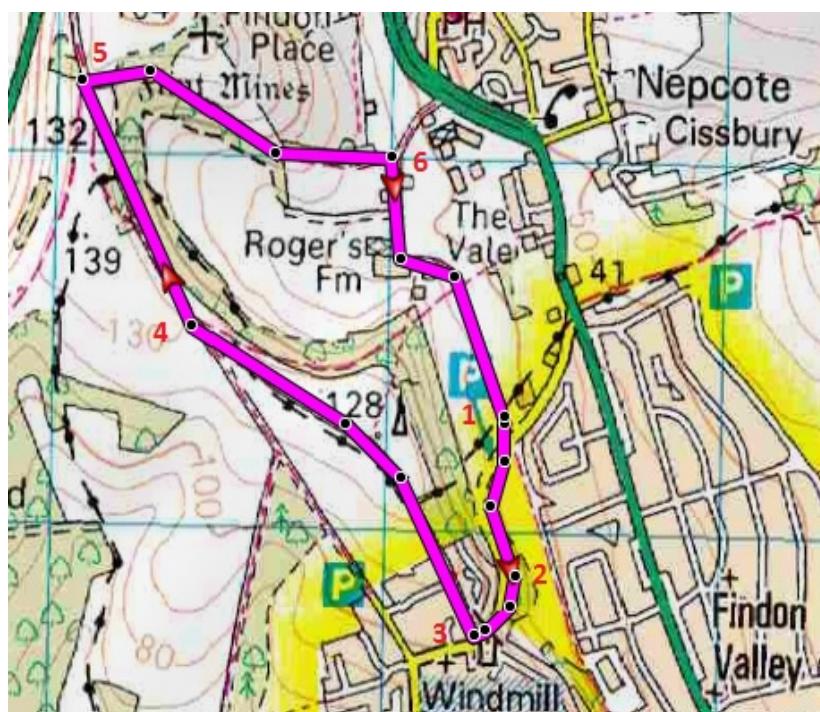
## Bost Hill, High Salvington Windmill and Church Hill

Distance: 2.8 miles or 4.5km

Time: Around 90 minutes

Parking and Walk Start: Bost Hill Car Park (Free) (TQ 123 070, BN13 3DD)

A relatively short walk starting in Findon Valley. A couple of highlights worth noting, one has to be the superb windmill dating back to 1750. It is a working post mill and is open on a few Sundays through spring and summer: <http://www.highsalvingtonwindmill.co.uk/times.php>  
The other is the amazing carpet of bluebells in spring at the top of Church Hill, point 5 on the map.



Cross over Bost Hill from the car park (1) and follow the upper line of the Gallops recreation ground for around 400 metres. Upon reaching a playground (2) take the snaking path upwards on your right to the top.

Turn left and a few paces will bring you to the windmill. It is well worth a look and hopefully you will there on a Sunday that it is open.

Retrace your steps and soon cross the road and walk up residential West Hill. At the end is a car park; carry on the path ahead of you. Past the Findon transmitter and on to where the path joins another at point 4. Continue straight ahead.



Ignoring a finger post on the right, take the obvious path, also on the right (5), after about 0.5 miles to enter woodland. If your timing is right and you walk this in April, be prepared for the densest carpet of bluebells that certainly I have ever seen. I imagine there are better but these are up there with them. Take care not to trample them in search of a better photo as those will not grow again next year.



Continue on the downward path all the way to a T junction at the bottom (6) and turn right. Approach the house (Roger's farm) almost as if you are walking to the front door and take the path branching off to the left around the side of the property. Follow this all the way back to the car park.