

Washington to Sullington

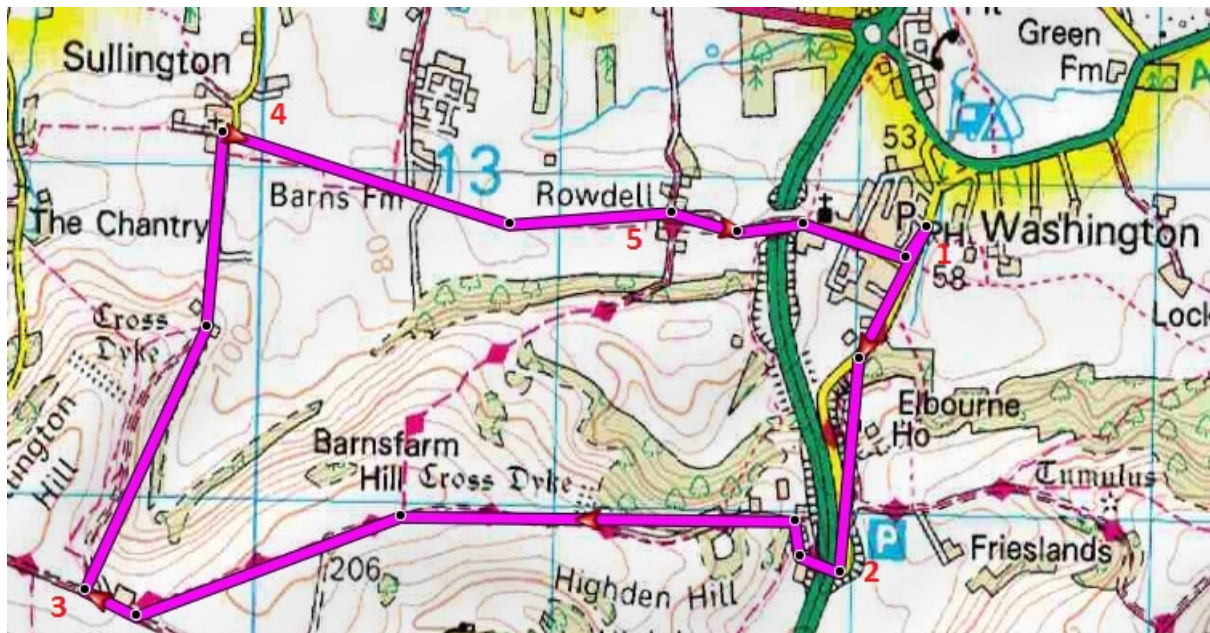
Distance: 4.8 miles or 7.7km

Time: Around 2.5 hours

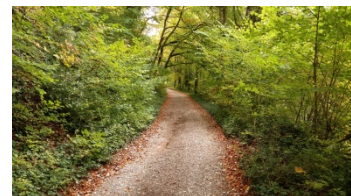
Walk Start: Washington village centre (TQ 122 127)

Parking: Opposite the pub

Washington lies around 3.5 miles to the north of Findon, easily accessed via the A24. There is parking opposite the pub, The Frankland Arms, where our walk starts. A fairly short stroll that takes in some great views north from the South Downs Way (SDW). A WW2 pillbox reminds us of more turbulent times before our path descends the edge of Sullington Hill followed by bridleways and a short stretch of an “alternative” South Downs Way route.



With the pub on your right walk up the road past The Street and Stocks Mead. Here the road narrows and there is no pavement or path so take care. After the last house, Meadowlea, cross to the public footpath on the other side. After a short while, where the path bends to the left towards a house, instead double back on yourself to join another path. At the end, arrive at the entrance to the Washington car park on the SDW. Go straight ahead down the hill to the busy A24 and cross (2). Follow the signs to continue on the SDW.



Note the drinking water tap with helpful directions for long distance walkers to the next ones both ways.

Climb the SDW enjoying the ever improving views north towards Ashington and beyond.



A WW2 pillbox stands silently as a poignant reminder of how heavily fortified the south coast was then.

After a short distance the track turns off to the left. Carry straight on through a gate to continue on the SDW. Before a barn turn right onto a descending track skirting the edge of Sullington Hill (3). At the bottom, by a fingerpost next to some farm outbuildings, continue on ahead. On arriving at a farm take the bridleway right into an arable field and follow it along the edge. Through a gate at the other end and cross a horse gallop track (carefully) and into a pleasant tree-lined path.



Turn right at the end and continue on until the path twists its way through shrubs and trees, it is a bit boggy underfoot here.

Now join up with what is a separate, alternative section of the SDW. Bear left then right down a track that takes you to a single carriageway bridge over the A24 and back into Washington. At the end of The Street, turn left and back down to the pub for some deserved refreshment.